## cell free RNAs as cancer biomarkers

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### Liquid biopsies for minimally invasive cancer diagnosis or monitoring



Palacín-Aliana et al., Biomedicines, 2021

### Expanding the liquid biopsy field beyond the bloodstream



Hulstaert et al, Cell Reports, 2020

### mRNA capture sequencing for cfRNA profiling in liquid biopsies



Hulstaert et al, Cell Reports, 2020 Hulstaert et al, STAR protocols, 2021 Spike-in RNAs as processing and normalization controls



Spike-in RNAs as processing and normalization controls



Highly variable RNA concentrations amongst different biofluids



### Tissue-specific RNAs are enriched in proximal fluids



Scaled log2 fold change



Hulstaert et al, Cell Reports, 2020

Utero-tubal lavage as a proximal liquid biopsy for ovarian cancer



Hulstaert, Levanon et al, Neoplasia, 2022

### Fallopian tube and ovary specific mRNAs overrepresented in uterotubal lavage



tissue or cell type contribution in uterotubal lavage

### Higher abundance of proliferation mRNAs in cancer versus control



### Pan-cancer plasma cfRNA profiles



- brain tumor (GBM & ANA)
- head and neck cancer (HNSC)
- thyroid cancer (THCA)
- esophageal cancer (ESCA)
- lung cancer (LUAD & LUSC)
- breast cancer (BRCA)
- stomach cancer (STAD)
- kidney cancer (KIRC)
- liver cancer (LIHC)
- cholangiocarcinoma (CHOL)
- pancreas cancer (PAAD)

- colon cancer (COAD)
- bladder cancer (BLCA)
- rectal cancer (READ)
- Iymphoma (DLBCL)
- leukemia (AML)
- sarcoma (SARC)
- melanoma (SKCM)
- prostate cancer (PRAD)
- testicular cancer (TGCT)
- ovarian cancer (OV)
- cervical cancer (CESC)
- uterine cancer (UCEC)

AML cfRNA profiles are distinct from solid tumors and controls



### Evidence of tumor derived RNA in cfRNA profiles from AML patients



## Tissue of origin signal in plasma of liver cancer patients



Different cfRNA profiles between solid tumor and controls



Heterogeneity in cfRNA profiles between patients with same cancer type



Independent validation cohort confirms different cfRNA profiles between solid tumor and controls



- healthy control (n = 20)
- uterine cancer (n = 12)
- ovarian cancer (n = 12)
- prostate cancer (n = 12)

## Significant but limited overlap of differentially abundant mRNAs between cohorts



## Variability calls for an alternative approach



## Accurate classification of cancer and controls based on the number of tail biomarker genes



Accurate classification of cancer and controls based on the number of tail biomarker genes in plasma of DLBCL



Accurate classification of cancer and controls based on the number of tail biomarker genes in urine of bladder cancer patients



# Impact of preanalytical variables on cfRNA profiles insights from the exRNAQC study





exRNAQC, 2022 bioRxiv

### Large differences in RNA eluate concentration between kits



exRNAQC, 2022 bioRxiv

### Preservation tubes do not preserve or stabilize cfRNA



exRNAQC, 2022 bioRxiv

### Interactions between preanalytical variables



### Interactions between preanalytical variables

a b									
	0.386	< 0.001	0.367	RNA concentration	0.437	0.030	0.850	RNA concentration	p-value 0.05
	0.113	0.009	0.755	extraction efficiency	0.001	0.002	0.591	extraction efficiency	0.04 0.03 0.02
	0.005	0.103	0.390	sensitivity	< 0.001	< 0.001	0.985	sensiti∨ity	0.01
	0.772	0.633	0.848	reproducibility	0.040	0.321	0.968	reproducibility	
	0.001	0.050	0.382	duplication rate	< 0.001	0.026	0.208	biotype	
	tube: RNA isolation	tube: time interval	RNA isolation: time interval	a	tube: RNA isolation	tube: time interval	RNA isolation: time interval	<i>.</i>	



Conclusions and take home messages

- Standardize preanalytical variables for cfRNA research
- Use spike-in controls for workflow control
- Proximal liquid biopsies are enriched for proximal tissue RNA and may prove valuable for cancer biomarker detection
- Cancer plasma cfRNA profiles are heterogeneous and tail genes may serve as a cancer biomarker



Human biofluid atlas Hulstaert E

Utero-tubal lavage cfRNA study Hulstaert E Levanon K (Sheba Cancer Center, Israel)

Cancer plasma cfRNA study Morlion A

#### exRNAQC study

Avila-Cobos F, Decock A, Decruyenaere P, Deleu J, Dewilde J, Everaert C, Helsmoortel H, Hulstaert E, Morlion A, Poma Soto FA, Schoofs K, Vandesompele J, Van Paemel R, Verwilt J

Illumina Gary Schroth

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